



# MERIWETHER COUNTY SCHOOL NUTRITION 2018 ELEMENTARY & MMS OCTOBER LUNCH MENU



MONDAY 1	TUESDAY 2	WEDNESDAY 3	THURSDAY 4	FRIDAY 5
Chicken Wrap Smartable Meal (1st-8th) PBJ Sandwich Meal Hamburger/ <b>WG Bun</b>  Oven Fries Celery Sticks Sliced Apple Sliced Peaches Peanut Butter Dip	Ham Salad Plate Meal (3rd-8th) PBJ Sandwich Meal Delicious Pizza  Fresh Garden Salad/Dressing Glazed Carrots Mixed Fresh Fruit Cup Fresh Fruit Chocolate Chip Cookie	Deli Sandwich Plate Meal (3rd-8th) PBJ Sandwich Meal Taco Nachos  Lettuce/Tomatoes/Cheese Salsa Cups WK Corn Mandarin Oranges Fresh Fruit	Chicken Salad Plate Meal (3rd-8th) PBJ Sandwich Meal Spaghetti & Noodles/WW Roll  Garden Salad/Dressing Seasoned Green Beans Blueberries/Whipped Topping Fresh Fruit	Pizza Smartable Meal (1st-8th) PBJ Sandwich Meal <b>Chic Fillet/WG Bun</b>  <b>Sweet Potato Fries</b> Pinto Beans with Onions Lettuce/Tomato Pears/Lime Jello Fresh Fruit
MONDAY 8	TUESDAY 9	WEDNESDAY 10	THURSDAY 11	FRIDAY 12
MONDAY 15	TUESDAY 16	WEDNESDAY 17	THURSDAY 18	FRIDAY 19
Chicken Wrap Smartable Meal (1st-8th) PBJ Sandwich Meal Hamburger/ <b>WG Bun</b>  Oven Fries Celery Sticks Sliced Apple Sliced Peaches Peanut Butter Dip	Ham Salad Plate Meal (3rd-8th) PBJ Sandwich Meal Delicious Pizza  Fresh Garden Salad/Dressing Glazed Carrots Mixed Fresh Fruit Cup Fresh Fruit Chocolate Chip Cookie	Deli Sandwich Plate Meal (3rd-8th) PBJ Sandwich Meal Taco Nachos  Lettuce/Tomatoes/Cheese Salsa Cups WK Corn Mandarin Oranges Fresh Fruit	Kale Salad Meal (3rd-8th) Chicken Salad Plate Meal (3rd-8th) PBJ Sandwich Meal Spaghetti & Noodles/WW Roll  Garden Salad/Dressing Seasoned Green Beans Blueberries/Whipped Topping Fresh Fruit	Pizza Smartable Meal (1st-8th) PBJ Sandwich Meal <b>Chic Fillet/WG Bun</b>  <b>Sweet Potato Fries</b> Pinto Beans with Onions Lettuce/Tomato Pears/Lime Jello Fresh Fruit
MONDAY 22	TUESDAY 23	WEDNESDAY 24	THURSDAY 25	FRIDAY 26
Chicken Wrap Smartable Meal (1st-8th) PBJ Sandwich Meal <b>BBQ/WG Bun</b>  Oven Fries Broccoli/LF Dip Baked Beans Pineapple Tidbits Fresh Fruit	Ham Salad Plate Meal (3rd-8th) PBJ Sandwich Meal Corn Dog  Corn on Cob Green Pepper Strips & Carrot Sticks/ LF Dip Sliced Peaches Fresh Fruit	Deli Sandwich Plate Meal (3rd-8th) PBJ Sandwich Meal <b>Pizza Cheese Crunchers</b>  Marinara Sauce Carrot & Celery Sticks/ LF Dip Lemon Broccoli Flavored Applesauce Fresh Fruit Cinnamon Roll	Basil Boss Pizza   Green Beans Orange Glazed Carrots Frozen Fruit Bar Fresh Fruit Rice Krispie/Happy Birthday Celebration	Pizza Smartable Meal (1st-8th) PBJ Sandwich Meal <b>Chicken Nuggets/WW Roll</b>  Roasted Broccoli Loaded Mashed Potatoes Blueberry Crisp Fresh Fruit
MONDAY 29	TUESDAY 30	WEDNESDAY 31	<div style="display: flex; justify-content: space-around; align-items: center;"> <div style="text-align: center;"> <p><b>NATIONAL SCHOOL LUNCH WEEK</b> OCTOBER 15-19</p> </div> <div style="text-align: center;"> </div> </div>	
Chicken Wrap Smartable Meal (1st-8th) PBJ Sandwich Meal Hamburger/ <b>WG Bun</b>  Oven Fries Celery Sticks Sliced Apple Sliced Peaches Peanut Butter Dip	Ham Salad Plate Meal (3rd-8th) PBJ Sandwich Meal Delicious Pizza  Fresh Garden Salad/Dressing Glazed Carrots Mixed Fresh Fruit Cup Fresh Fruit Chocolate Chip Cookie	Deli Sandwich Plate Meal (3rd-8th) PBJ Sandwich Meal Taco Nachos  Lettuce/Tomatoes/Cheese Salsa Cups WK Corn Mandarin Oranges Fresh Fruit		

Milk Choices Offered Daily