



# MERIWETHER COUNTY SCHOOL NUTRITION 2018 ELEMENTARY & MMS DECEMBER LUNCH MENU



MONDAY 3	TUESDAY 4	WEDNESDAY 5	THURSDAY 6	FRIDAY 7
Chicken Wrap Smartable Meal (1st-8th) PBJ Sandwich Meal  <b>Hamburger/WG Bun</b> Oven Fries Green Peas Celery Sticks Sliced Apple Sliced Peaches Peanut Butter Dip	Ham Salad Plate Meal (3rd-8th) PBJ Sandwich Meal  Delicious Pizza Fresh Garden Salad/Dressing Glazed Carrots Mixed Fresh Fruit Cup Fresh Fruit Chocolate Chip Cookie	Deli Sandwich Plate Meal (3rd-8th) PBJ Sandwich Meal  <b>Crispy Chicken Sandwich</b> <b>Sweet Potato Fries</b> Lettuce/Tomato Black Eyed Peas Pears with Lime Jello Fresh Fruit	Chicken Salad Plate Meal (3rd-8th) PBJ Sandwich Meal  Spaghetti/Noodles/WW Roll Garden Salad/Dressing Seasoned Green Beans Strawberries Fresh Fruit	Pizza Smartable Meal (1st-8th) PBJ Sandwich Meal  Chili/Saltines Baked Potato Steamed Broccoli Fresh Fruit Frozen Fruit
MONDAY 10	TUESDAY 11	WEDNESDAY 12	THURSDAY 13	FRIDAY 14
Chicken Wrap Smartable Meal (1st-8th) PBJ Sandwich Meal  <b>BBQ/WG Bun</b> Oven Fries Broccoli/LF Dip Baked Beans Pineapple Tidbits Fresh Fruit	Ham Salad Plate Meal (3rd-8th) PBJ Sandwich Meal  Corn Dog WK Corn Green Beans Carrot Sticks/ LF Dip Sliced Peaches Fresh Fruit	Deli Sandwich Plate Meal (3rd-8th) PBJ Sandwich Meal  Vegetable Beef Soup/Saltines Sandwich Choice Side Salad Carrot Sticks/Dip Fresh Fruit Choices	Basil Boss Pizza Green Peas Orange Glazed Sweet Potato Frozen Fruit Bar Fresh Fruit	Pizza Smartable Meal (1st-8th) PBJ Sandwich Meal  <b>Chicken Nuggets/Mac &amp; Cheese</b> Roasted Broccoli Confetti Slaw Blueberry Crisp Fresh Fruit
MONDAY 17	TUESDAY 18	WEDNESDAY 19	THURSDAY 20	FRIDAY 21
Chicken Wrap Smartable Meal (1st-8th) PBJ Sandwich Meal  <b>Hamburger/WG Bun</b> Oven Fries Green Peas Celery Sticks Sliced Apple Sliced Peaches Peanut Butter Dip	Ham Salad Plate Meal (3rd-8th) PBJ Sandwich Meal  Delicious Pizza Fresh Garden Salad/Dressing Glazed Carrots Mixed Fresh Fruit Cup Fresh Fruit Chocolate Chip Cookie	Deli Sandwich Plate Meal (3rd-8th) PBJ Sandwich Meal  <b>Crispy Chicken Sandwich</b> <b>Sweet Potato Fries</b> Lettuce/Tomato Black Eyed Peas Pears with Lime Jello Fresh Fruit	Kale Salad Meal (3rd-8th) Chicken Salad Plate Meal (3rd-8th) PBJ Sandwich Meal  Spaghetti/Noodles/WW Roll Garden Salad/Dressing Seasoned Green Beans Strawberries Fresh Fruit Rice Krispie Treat Birthday Celebration 	<b>CHRISTMAS BREAK</b> 
	<u>Kale</u> 		<u>Apples</u> 	