



**MERIWETHER COUNTY SCHOOL NUTRITION
JANUARY LUNCH MENU
MMS, MVES & UES**



MONDAY 3	TUESDAY 4	WEDNESDAY 5	THURSDAY 6	FRIDAY 7
<p>No School For Students</p>			Totchos Cinnamon Roll Black Beans Fresh Fruit Rosey Applesauce Cup Chicken Sandwich Bag Lunch	Chicken Slider/Bun Sweet Potato Fries Green Beans Lime Flavored Pears Peach Slices Turkey Sandwich Bag Lunch
MONDAY 10	TUESDAY 11	WEDNESDAY 12	THURSDAY 13	FRIDAY 14
Beef Nachos with Fixins Brownie Oven Fries Celery & Carrot Dippers Berry Blue Applesauce / Fresh Fruit PBJ Sandwich Bag Lunch	Memphis BBQ Bowl WW Roll Steamed Broccoli Sliced Peaches Fresh Fruit BBQ/Bun Bag Lunch	Spaghetti & Noodles WK Corn Spinach Strawberry Salad Grape Tomatoes/Dip Fruit Choices Chocolate Chip Cookie PBJ Sandwich Bag Lunch	Vegetable Beef Soup Grilled Cheese Sandwich or PBJ Sandwich/Cheese stick Carrot Dippers Fresh Fruit Mixed Fruit Chicken Sandwich Bag Lunch	Southern BBQ/Bun Baked Beans Celery Dippers Fresh Fruit Frozen Fruit Sidekick Turkey Sandwich Bag Lunch
MONDAY 17	TUESDAY 18	WEDNESDAY 19	THURSDAY 20	FRIDAY 21
<p>MARTIN LUTHER KING JR. DAY</p>	Chili & Cornbread Chocolate Chip Cookie Confetti Slaw Broccoli Dippers Grape Tomato/Dip Berry Blue Applesauce/Fresh Fruit BBQ/Bun Bag Lunch	Hamburger Pie WW Roll Steamed Broccoli/Cheese Chilled Sliced Peaches Fresh Fruit PBJ Sandwich Bag Lunch	All American Cheese Burger Burger Toppings Baked Beans Carrot Dippers Fruit Mix Fresh Fruit Chicken Sandwich Bag Lunch	Crispy Chicken Nuggets WW Roll Mashed Potatoes Green Beans Fresh Fruit Choices Turkey Sandwich Bag Lunch
MONDAY 24	TUESDAY 25	WEDNESDAY 26	THURSDAY 27	FRIDAY 28
Philly Steak Sandwich Oven Fries Confetti Slaw Carrot Dippers Fruit Choices PBJ Sandwich Bag Lunch	Crispy Catfish Corn Muffin Mac and Cheese Turnip Greens Fresh Grapes Sliced Peaches BBQ/Bun Bag Lunch	Sweet and Sour Chicken over Rice Steamed Broccoli Pineapple Cup Fresh Fruit PBJ Sandwich Bag Lunch	Totchos Cinnamon Roll Black Beans Fresh Fruit Rosey Applesauce Cup Chicken Sandwich Bag Lunch	Chicken Bacon Ranch/Bun Sweet Potato Fries Green Beans Lime Flavored Pears Peach Slices Turkey Sandwich Bag Lunch
MONDAY 31			<p>Georgia Harvest of the Month</p>	<p>JANUARY Greens (COLLARD, MUSTARD, TURNIP)</p>

Pack Pal Offered Daily

Menus are subject to change due to product availability.